



Please call for custom menu orders and special pricing  
**(905) 857-1227**

*fresh & delicious*  
**PRICE LIST**

DELI TRAYS			
Small serves 15 - Medium serves 20 - Large serves 30			
1	Cubed Cheese Tray	sml \$55.00 med \$75.00 lrg \$90.00	
2	Cheese Slices	sml \$40.00 med \$70.00 lrg \$80.00	
3	European Meat Tray	sml \$40.00 med \$70.00 lrg \$80.00	
4	Deli Meat Tray	sml \$50.00 med \$70.00 lrg \$80.00	
5	Antipasto Tray	sml \$40.00 med \$50.00 lrg \$65.00	
6	Deluxe Antipasto Tray	sml \$60.00 med \$80.00 lrg \$95.00	
7	Fruit Tray	sml \$35.00 med \$45.00 lrg \$55.00	
8	Vegetable Tray	sml \$30.00 med \$40.00 lrg \$45.00	
SANDWICHES & WRAPS			
All sandwich trays are available on choice of wrap, toast bread or panini. Minimum order of 5 sandwiches required.			
9	Executive Tray	wrap \$4.50 toast \$4.50 panini \$5.00	
10	Egg & Tuna Tray	wrap \$5.00 toast \$5.00 panini \$6.00	
11	Smoked Salmon & Cream Cheese Tray	*call for pricing	
SALADS			
Small serves 15 - Large serves 30			
12	Caesar Salad	reg \$25.00 lg \$50.00	
13	Garden Mixed Greens	reg \$25.00 lg \$50.00	
14	Greek Salad	reg \$30.00 lg \$55.00	
15	Italian Salad	reg \$25.00 lg \$50.00	
16	Quinoa Bowl	reg \$35.00	
17	7 Grain Kale Salad	reg \$35.00	
18	Mango & Avocado Salad	reg \$40.00	
19	Chick Pea Avocado & Arugula	reg \$40.00	
PIZZA			
Pizza are available in (Regular) 14" Size or (Large) Party Size Gourmet Toppings: \$2.00 each			
20	Meat Lover	reg \$9.99 lg \$20.00	
21	Focaccia	reg \$9.99 lg \$20.00	
22	Potato Zucchini	reg \$9.99 lg \$20.00	
23	Margarita	reg \$9.99 lg \$20.00	
24	Deluxe	reg \$9.99 lg \$20.00	
25	Nutella	reg \$9.99 lg \$20.00	

HOT PREPARED MAINS			
Small serves 15 - Large serves 30			
26	Meat or Cheese Lasagna	sml \$35.00 lrg \$70.00	
27	Cannelloni (Cheese or Meat)	12pc \$40.00 24pc \$80.00	
28	Penne with Tomato Sauce	sml \$25.00 lrg \$55.00	
29	Penne Alla Vodka	sml \$35.00 lrg \$80.00	
30	Tortellini with Rosé Sauce	sml \$35.00 lrg \$80.00	
31	Ravioli with Cream Sauce	sml \$35.00 lrg \$80.00	
32	Gnocchi with Tomato Sauce	sml \$40.00 lrg \$80.00	
33	Orecchiette With Rapini & Sausage	sml \$40.00 lrg \$85.00	
34	Eggplant Parmesan	sml \$40.00 lrg \$80.00	
35	Fried Calamari	sml \$55.00 lrg \$130.00	
36	Fried Shrimps	sml \$80.00 lrg \$175.00	
37	Sautéed Shrimps (Portuguese)	sml \$80.00 lrg \$180.00	
38	Meat/Vegetable Stuffed Peppers	12pc \$40.00 24pc \$80.00	
39	Veal Stew with Patatoes & Carrots	sml \$80.00 serves 8-10 people	
40	Chicken Cacciatore	sml \$60.00 serves 8-10 people	
41	Prime Rib au Jus	sml \$24.00/lb	
42	Veal Cutlets	sml \$6.00/pc	
43	Breaded Chicken Cutlets	sml \$5.00/pc	
44	Chicken Marsala	sml \$5.75/pc	
45	Baked Salmon	sml \$15.99/lb	
SIDES			
Small serves 15 - Large serves 30			
46	Roasted Nu Potatoes	sml \$25.00 lrg \$55.00	
47	Mashed Potatoes	sml \$35.00 lrg \$80.00	
48	Rapini	sml \$45.00 lrg \$100.00	
49	Roasted Peppers & Onions	sml \$25.00 lrg \$55.00	
50	Steamed Vegetables	sml \$25.00 lrg \$55.00	
51	Grilled Portobello Mushrooms	sml \$50.00 lrg \$100.00	
52	Grilled Vegetables	sml \$45.00 lrg \$125.00	
BAKED GOODS			
53	Breakfast Tray	sml \$24.99 lrg \$34.99	
54	Fruit Topped Cheesecakes	sml \$24.99 lrg \$34.99	
55	Cannoli Dip Tray	sml \$14.99	
56	Assorted Cannoli Tray	call for pricing	
57	Assorted Pastries Tray	call for pricing	

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[orders@gardenfoodsmarket.com](mailto:orders@gardenfoodsmarket.com)

\*Please allow 48 hours notice for your order