

Please call for custom menu orders and special pricing

(905) 857-1227

## fresh & delicions PRICE LIST

DELI TRAYS					
Small serves 10 - Medium serves 20 - Large serves 30					
1	Cubed Cheese Tray*				
		sml \$55.0	00 med \$75.0	00 lrg \$90.00	
2	Cheese Slices*	sml \$40.0	00 med \$70.0	00 lrg \$80.00	
3	European Meat Tray*	sml \$40.0	00 med \$70.0	00 lrg \$80.00	
4	Deli Meat Tray*	sml \$50.	00 med \$70.0	00 lrg \$80.00	
5	Antipasto Tray*	sml \$40.0	00 med \$50.0	00 lrg \$65.00	
6	Deluxe Antipasto Tray*	sml \$60.0	00 med \$80.0	00 lrg \$95.00	
7	Fruit Tray	sml \$35.0	00 med \$45.0	00 lrg \$55.00	
8	Vegetable Tray	sml \$30.0	00 med \$40.0	00 lrg \$45.00	
*	Prices may vary				
SANDWICHES & WRAPS					
All sandwich trays are available on choice of wrap, toast bread					
or panini. Minimum order of 5 sandwiches required.					
9	Executive Tray	wrap \$4.50	) toast \$4.50	panini \$5.00	
10	Egg & Tuna Tray	wrap \$5.00	) toast \$5.00	panini \$6.00	
	Smoked Salmon & Cream Cheese Tray*				
11	Smoked Salmon & Crea		se Tray*	•	
11		am Chee	se Tray*	call for pricing	
11	S	am Chee	se Tray*	•	
11		am Chee	se Tray*	•	
	Small serves	am Chee	se Tray*  serves 30	call for pricing	
12	Small serves Caesar Salad	am Chee	se Tray* * serves 30 reg \$25.00	'call for pricing	
12	Small serves Caesar Salad Garden Mixed Greens	am Chee	se Tray* serves 30 reg \$25.00 reg \$25.00	call for pricing   lg \$50.00   lg \$50.00	
12 13 14	Small serves Caesar Salad Garden Mixed Greens Greek Salad	am Chee	se Tray* serves 30 reg \$25.00 reg \$25.00 reg \$30.00	Ig \$50.00 Ig \$55.00 Ig \$55.00	
12 13 14 15	Small serves  Caesar Salad  Garden Mixed Greens  Greek Salad  Italian Salad	am Chee	se Tray* serves 30 reg \$25.00 reg \$25.00 reg \$30.00 reg \$25.00	Ig \$50.00 Ig \$55.00 Ig \$55.00	
12 13 14 15 16	Small serves  Caesar Salad  Garden Mixed Greens  Greek Salad  Italian Salad  Quinoa Bowl	ALADS 15 - Large	serves 30 reg \$25.00 reg \$30.00 reg \$25.00 reg \$35.00	Ig \$50.00 Ig \$55.00 Ig \$55.00	
12 13 14 15 16 17	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad	ALADS 15 - Large	se Tray* serves 30 reg \$25.00 reg \$25.00 reg \$30.00 reg \$25.00 reg \$35.00 reg \$35.00	Ig \$50.00 Ig \$55.00 Ig \$55.00	
12 13 14 15 16 17 18	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A	ALADS 15 - Large	serves 30 reg \$25.00 reg \$25.00 reg \$30.00 reg \$25.00 reg \$35.00 reg \$35.00 reg \$40.00	Ig \$50.00 Ig \$55.00 Ig \$55.00	
12 13 14 15 16 17 18	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A	d arugula	see Tray* serves 30 reg \$25.00 reg \$30.00 reg \$25.00 reg \$35.00 reg \$35.00 reg \$40.00 reg \$40.00	Ig \$50.00 Ig \$55.00 Ig \$50.00	
12 13 14 15 16 17 18	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A	d Arugula PIZZA	se Tray* reg \$25.00 reg \$25.00 reg \$30.00 reg \$25.00 reg \$35.00 reg \$35.00 reg \$40.00 reg \$40.00	Ig \$50.00 Ig \$55.00 Ig \$50.00	
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12 13 14 15 16 17 18 19	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A Pizza are available in (Regulation of the Courmet Top	d Arugula PIZZA	serves 30 reg \$25.00 reg \$25.00 reg \$30.00 reg \$35.00 reg \$35.00 reg \$40.00 reg \$40.00 reg \$40.00	Ig \$50.00 Ig \$50.00 Ig \$55.00 Ig \$50.00	
12 13 14 15 16 17 18 19	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A  Pizza are available in (Regulation of the Courmet Top	d Arugula PIZZA	se Tray*  serves 30  reg \$25.00  reg \$25.00  reg \$30.00  reg \$35.00  reg \$35.00  reg \$40.00  reg \$40.00  ze or (Large) F 00 each  reg \$9.99	Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$50.00	
12 13 14 15 16 17 18 19	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A  Pizza are available in (Regu Gourmet Top Meat Lover Foccaccia	d Arugula PIZZA	se Tray*  serves 30  reg \$25.00  reg \$25.00  reg \$30.00  reg \$35.00  reg \$35.00  reg \$40.00  reg \$40.00  zeg \$40.00  zeg \$40.00  reg \$40.00  reg \$40.00  reg \$40.00	Ig \$50.00 Ig \$50.00 Ig \$55.00 Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$50.00	
12 13 14 15 16 17 18 19	Small serves Caesar Salad Garden Mixed Greens Greek Salad Italian Salad Quinoa Bowl 7 Grain Kale Salad Mango & Avocado Sala Chick Pea Avocado & A  Pizza are available in (Regulation of the Courmet Top	d Arugula PIZZA	se Tray* reg \$25.00 reg \$25.00 reg \$25.00 reg \$30.00 reg \$35.00 reg \$35.00 reg \$40.00 reg \$40.00 reg \$40.00 reg \$9.99 reg \$9.99 reg \$9.99	Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$50.00 Ig \$20.00 Ig \$20.00 Ig \$20.00	

HOT PREPARED MAINS					
Small serves 15 - Large serves 30					
26	Meat or Cheese Lasagna	sml \$35.00 lrg \$70.00			
27	Cannelloni (Cheese or Meat)	12pc \$40.00 24pc \$80.00			
28	Penne with Tomato Sauce	sml \$25.00 lrg \$55.00			
29	Penne Alla Vodka	sml \$35.00 lrg \$80.00			
30	Tortellini with Rosé Sauce	sml \$35.00 Irg \$80.00			
31	Ravioli with Cream Sauce	sml \$35.00 Irg \$80.00			
32	Gnocchi with Tomato Sauce	sml \$40.00 Irg \$80.00			
33	Orecchiette With Rapini & Sausage	sml \$40.00 lrg \$85.00			
34	Eggplant Parmesan	sml \$40.00 Irg \$80.00			
35	Fried Calamari	sml \$55.00 lrg \$130.00			
36	Fried Shrimps	sml \$80.00 lrg \$175.00			
37	Sautéed Shrimps (Portuguese)	sml \$80.00 lrg \$180.00			
38	Meat/Vegetable Stuffed Peppers	12pc \$40.00 24pc \$80.00			
39	Veal Stew with Patotoes & Carrots	sml \$80.00 serves 8-10 people			
40	Chicken Cacciatore	sml \$60.00 serves 8-10 people			
41	Prime Rib au Jus	sml \$24.00/lb			
42	Veal Cutlets	sml \$6.00/pc			
43	Breaded Chicken Cutlets	sml \$5.00/pc			
44	Chicken Marsala	sml \$5.75/pc			
45	Baked Salmon	sml \$15.99/lb			
	SIDES				
	Small serves 15 - Large serves 30				
46	Roasted Nu Potatoes	sml \$25.00 lrg \$55.00			
47	Mashed Potatoes	sml \$35.00 Irg \$80.00			
48	Rapini	sml \$45.00 lrg \$100.00			
49	Roasted Peppers & Onions	sml \$25.00 lrg \$55.00			
50	Steamed Vegetables	sml \$25.00 lrg \$55.00			
51	Grilled Portobello Mushrooms	sml \$50.00 lrg \$100.00			
52	Grilled Vegetables	sml \$45.00 lrg \$125.00			
	BAKED GOODS	5			
53	Breakfast Tray	sml \$24.99 Irg \$34.99			
54	Fruit Topped Cheesecakes	sml \$24.99 Irg \$34.99			
55	Cannoli Dip Tray	sml \$14.99			
56	Assorted Cannoli Tray	call for pricing			
57	Assorted Pastries Tray	call for pricing			
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## orders@gardenfoodsmarket.com

\*Please allow 48 hours notice for your order



