Eat Healthy, Eat Fresh

Our freshly prepared foods provides you with the feeling and taste of homemade. We offer catering options to suit all your needs; Birthdays, Weddings and your Corporate Event Meetings. Inquire about our handcrafted gift baskets today!

CATERING MENU

(905) 857-1227
orders@gardenfoodsmarket.com

delicious
BAKED GOODS

Breakfast Tray
Assorted Bagel Tray
Cannoli Dip Tray
Assorted Cannoli Tray
Assorted Pastry Tray
Fruit Topped Cheesecakes

Let us help make your next occasion memorable with our mouthwatering assortment of cakes, pastries, muffins, cookies, breads and rolls - all freshly baked on a daily basis.

making special occasions amazing
for over 35 years!
DELICIOUS MEALS

hot PREPARED MAINS

- Meat & Cheese Lasagna
- Penne with Tomato Sauce
- Penne Alla Vodka
- Tortellini with Rosé Sauce
- Ravioli with Cream Sauce
- Gnocchi with Tomato Sauce
- Orecchiette With Rapini & Sausage
- Cannelloni
- Veal Stew with Potatoes & Carrots
- Chicken Cacciatore
- Prime Rib au Jus
- Eggplant Parmesan
- Meat/Vegetable Stuffed Peppers
- Veal Cutlets
- Breaded Chicken Cutlets
- Chicken Marsala
- Baked Salmon
- Fried Calamari
- Fried Shrimps
- Sautéed Shrimps

savory SIDES

- Roasted Potatoes
- Mashed Potatoes
- Rapini
- Roasted Peppers & Onions
- Grilled, Roasted or Steamed Mixed Vegetable Medley

DELI TRAYS

- Antipasto Tray
  Button mushrooms, sundried tomatoes, roasted peppers, arugula, hearts and olives
- Deluxe Antipasto Tray
  Picked items, olives, cheese and meat
- European Meat Tray
  Dry-cured prosciutto, Genoa salami, capocollo, cacciatora sausage, mini cocktail bocconcini, mortadella, provolone and olives
- Executive Sandwich Tray
  Finger-sized meat and cheese sandwiches including egg salad and tuna
- Vegetable Tray
  Assortment of fresh vegetables - served with hummus and vegetable dip
- Smoked Salmon & Cream Cheese Tray
  Fresh Atlantic smoked salmon and cream cheese - served on your choice of bread
- Fruit Tray
  Assortment of seasonal fresh fruit

SALAD BAR

- Caesar Salad
- Garden (Mixed Greens)
- Greek Salad
- Italian Salad
- Quinoa Bowl
- 7 Grain Salad (Kale)
- Mango & Avocado Salad
- Chick Pea Avocado & Arugula

PIZZA

- Meat Lover
  Ham, salami and pepperoni
- Focaccia
  Bocconcini cheese and cherry tomatoes
- Potato Zucchini
  Potato, zucchini, onion and cheese

Gourmet PIZZA

Available in 14" or Party Size

- Margarita
  Basil and bocconcini
- Deluxe
  Pepperoni, mushrooms and peppers
- Nutella
  Coconut, strawberries, blueberries and almonds

prepared fresh with premium ingredients sourced from our grocery store

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